

Level



Check that the hammock is Attached securely, with both levels even.

HIGH QUALITY

Sit in the hammock first,
Holding on to its front side.

LIGHTWEIGHT

Pivot and swing your legs
Inside the hammock

SKIN-FRIENDLY

Lay down in transversal
Position for a better comfort.

To preserve your hammock for as long as possible, no sharp objects, don't wear shoes, avoid long exposure to UV and keep away from fire.



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